



Skate Rag

V.I.R.A Inc Newsletter - September/October 2007

OSF Training Session:-

Sundays @ Oakleigh
8:00-9:00am

Land Training Session:-

Saturdays @ Packer Park
2:30-4:00pm
* Weather permitting

Dates to Remember:-

22-23 September
ED Coaching weekend

2 October
Tasman Cup, Acacia Ridge

5-6 October
Australian Champs, QLD

13 October
NZ Champs, Dunedin

6 November
Cup Day BBQ

9 November (7:00am)
Toasted TV, Channel 10

10-11 November
Victorian Champs, Oakleigh

December (TBA)
QLD Champs, Brisbane

2 December (9:15am)
VIRA Inc AGM

2 December (9:45am)
OSFIRC Inc AGM

9 December
Last session @ Oakleigh

9 December (from 9:30am)
VIC Champs Presentation
& Xmas BBQ

With the Victorian Champs rapidly approaching us you'll find all you need to know about them in this edition of the Skate Rag newsletter, along with info on the Christmas party.

VIRA Contacts

President: Ken Stewart kenjulies@optusnet.com.au

Secretary: Sarah Barr adamandsarah@iprimus.com.au

2007 VIRA Calendar

The 2007 VIRA Calendar is available now on the VIRA website. Please check the website regularly for updates.

Cup Day BBQ

All members are invited to a Cup Day BBQ at Adam and Sarah's home on Tuesday 6th November from 1pm (9 Oliver Court, Ferntree Gully 3156). This will be a fun day with cup day sweeps, and we hope to see you all there! BYO drinks.



Annual General Meetings

VIRA will be holding their AGM on Sunday 2 December at 9:15am at Oakleigh, followed by OSF's AGM at 9:45am. Our sport relies on volunteers working together to help the sport grow. If you would like to be involved on either committee next year please see any member of the VIRA or OSF committees.

Duke Trophy 2007

VIRA wishes to congratulate all members of the 2007 Victorian Duke Trophy team, who competed at the Canterbury Ice Rink, Sydney in late July. We had a small but dedicated team this year. Well done to Angus McCulloch, who skated his first interstate competition, and to all members:-

Veteran: Ken Stewart, Michael Attwood

Senior Men: Lachlan Hay, Sashen Chetty, Corey Williams

Junior: Kathleen Bennett

Sub Junior: Angus McCulloch

Member News

Congratulations to **Joanne and Russell Collins** on the birth of their baby daughter, Hannah Charlot Rose Collins. Congratulations also to **Steve Cooper** on the birth of his first grandchild Lily. We wish **Gordon Church** a speedy recovery after his recent operation, and hope to see him on the ice again soon. And it was great to see **Michael Attwood** on the ice again, after his nasty bike accident...Take it Slowly Mike, you still have a way to go, before you hit top speed again!

Thank you

The Victorian Ice Racing Association wishes to publicly acknowledge and thank Melbourne Iceworld Incorporated for their kind grant towards Junior Development in Victoria. Melbourne Iceworld Incorporated was set up in the late 1980s with the aim of setting up an ice rink in the western suburbs.

Australian Championships 2007



The Australian Champs will be held at the Boondall Ice Rink in Brisbane on 5-6 October. Good luck to all skaters competing. The ice sessions are as follows:-

Training: Thursday 4 October - 4:00-6:00pm

Day 1: Friday 5 October - 6:00-11:00am and 4:00-6:00pm

Day 2: Saturday 6 October - 6:00am-1:00pm

Presentation: Saturday 6 October from 4:30pm at the Boondall Ice rink function room

Victorian Championships 2007

The Victorian Championships will be held at Olympic Ice Skating Centre in Oakleigh on 10-11 November. The entry fees have been substantially reduced this year due to being held at Oakleigh on a 100 metre track. It is important to note that Senior and Veteran grades will race individual time trials in the 500m distance. The closing date for entries is Sunday 28 October. The ice times are as follows:-

Day 1: Saturday 10 November - 7:30-9:00am

Day 2: Sunday 11 November - 8:00-9:00am

Presentation: Sunday 9 December (Time TBA)

Victorian Championships Presentation & Christmas Party

Our Christmas break up is shaping up to be a fun packed day on Sunday 9 December.

We will start the day with a fun session on the ice and then move to Ken & Julie Stewart's home (35 Eva Street, Clayton 3168) for the Victorian Champs Presentation and Christmas BBQ brunch. This will be a fantastic day for all members and we hope you can all make it.

Skating: 8:00-9:00am (no lap training)

Presentation: 9:30am at Ken & Julie's home (35 Eva Street, Clayton 3168)

Xmas BBQ: From 10:30 onwards at Ken & Julie's home.



Toasted TV

The OWIA/AIR squad recently filmed a segment for children's show "Toasted TV". The segment will go to air on Friday 9 November at 7:00am on Channel 10. The squad will also be filming a segment for "Totally Wild", which will screen at a later date.

Obituary - Graham Louis Quint 1934 - 2007 (by Pam Cavanagh)

Graham joined the Southern Flyers in 1952, and was a good middle distance skater, winning the 1/2 mile club championship in 1954. Graham stopped racing around 1959 and continued as a committee member for approximately ten years. He further supported the club attending social activities and race nights until the mid to late 70's. Graham worked at the CSIRO as a highly respected scientist. He was credited with inventing the Security System that we have for our current Bank Notes.

Good Sports Club Project

@leisure conducted a 'Good Sports Club Project' workshop at Oakleigh in May with a cross section of representatives from our sport to identify key issues and potential future directions in managing behaviour an establishing a 'good sports' environment.

Outcomes of the project will include improved processes to manage the on and off-rink behaviour of participants and spectators and the development of education and training programs.

Thank you to all members who took time out and attended the workshop.



Websites to Remember

Check out these sites to keep up to date with all the skating news around the globe:-

OSF: www.geocities.com/flyers1949

VIRA: www.geocities.com/ice_racing_vic

AIR: www.australianicercing.org

ISU: www.isu.org

Project 10

A Ladies Relay Team to the 2010 Olympic Winter Games

Australian Ice Racing Inc recently launched Project 10. The Aim of Project 10 is to send a Ladies Relay team to 2010 Winter Olympics. Nominations for a team of Ladies to train for the relay have been received and the Project 10 team will be announced at the 2007 Australian Open Short Track Speed Skating Championships. For more information on Project 10, check out AIR Inc's website.



OWI/AIRC Criteria

Check out AIR's website (www.australianiceracing.org) for all the info about the OWI/AIRC Criteria. You can also find info on the ISU rules, Skating Calendars, Australian & International Records and much more!

Wednesday Night Skate

The general session at Oakleigh on Wednesday nights have unofficially become the Speed Skater's social skate session. It's great to see so many old and newer faces there. For an extra session on the ice and a social catch-up, come along to Oakleigh 8-10pm.

Elite Development Weekend



On 22-23 September Dayoung Kwon, Coach of the Elite Development Squad, came to Melbourne to assist with on and off ice training sessions. Thank you to all members who came down and skated, to all volunteers who assisted on/off ice and to DK for being such an inspiring coach. A fantastic weekend was had by all and it was great to see so many members attend the BBQ. VIRA would also like to thank AIR Inc for making this weekend possible. Check out some of the photos taken during the weekend on page 4 of this newsletter.

Safety First

Could all members please ensure that correct safety equipment is worn whilst on the ice – helmet, knee pads, shin guards, neck guards, gloves and long sleeved clothing. Please also ensure that care is taken whilst walking to the mat storage area.

Protocol for calling "Track"

When a faster skater or group of skaters are approaching and they wish you to move toward the barrier, they will call "**Track**". "**Track**" needs to be called loudly enough to be heard and with enough time for the skater to move. The slower the skater, the more time they will need to move. "**Track**" can not be called if the skater has no room to move. The faster skater or group must slow down to avoid collision and overtake when safe. The onus for safety is on the overtaking skater or group. If "**Track**" is not called, stay in your skating line and the faster skater will go around you. Please do not call "**Track**" for fun.

2007 VIRA State Camp

Our State Camp was held earlier this year at Oakleigh. Thank you to all members who came to the ice and off ice sessions, and to all the volunteers who assisted in running the camp. It was fantastic to see Mark McNee on the ice in Victoria.

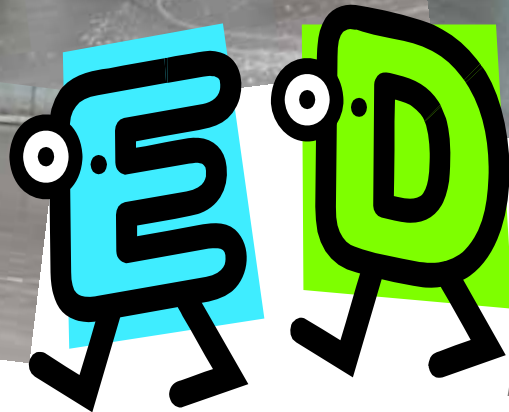


2007 VIRA State Camp

Ice Magic

A Finnish driver in a Bentley Continental GT has broken the world speed record on ice, averaging 321.643 km/h along Finland's frozen coast.

Royal Auto, August 2007



22-23 September 2007





Victorian Ice Racing Association Inc

Entry Form

Victorian Short-Track Speed Skating Championships 2007

Saturday 10 November, 7:30-9:00am & Sunday 11 November, 8-9:00am

Olympic Ice Skating Centre – 1030 Centre Road, Oakleigh South 3167

Skater Details:-

Name: _____

Age as at 01/07/07: _____

AAIRC Membership Number: _____

Signed: _____

Parent / Guardian consent for skaters under 18 years:-

Name: _____

Signed: _____

| Divisions | Age | Entry Fee | |
|------------|--|-----------|---|
| Nipper | Up to 9 years (as at 01/07/07) | \$15.00 | Male <input type="checkbox"/> / Female <input type="checkbox"/> |
| Midget | < 12 years (as at 01/07/07) | \$20.00 | Male <input type="checkbox"/> / Female <input type="checkbox"/> |
| Sub Junior | < 15 years (as at 01/07/07) | \$20.00 | Male <input type="checkbox"/> / Female <input type="checkbox"/> |
| Junior | < 17 years (as at 01/07/07) | \$20.00 | Male <input type="checkbox"/> / Female <input type="checkbox"/> |
| Senior | 17 years & over (as at 01/07/07) | \$40.00 | Male <input type="checkbox"/> / Female <input type="checkbox"/> |
| Veteran 1 | 30 years & over (as at 01/07/07) | \$40.00 | Male <input type="checkbox"/> / Female <input type="checkbox"/> |
| Veteran 2 | 40 years & over (as at 01/07/07) | \$40.00 | Male <input type="checkbox"/> / Female <input type="checkbox"/> |
| AWD | All Ages | \$20.00 | Male <input type="checkbox"/> / Female <input type="checkbox"/> |
| Novice | First time skating in Victorian Champs | \$20.00 | Male <input type="checkbox"/> / Female <input type="checkbox"/> |

- Please note that Senior/Veteran grades will include a 500m individual time trial.
- Please tick your appropriate division.
- In the case of less than 4 entries in a particular division, those skaters will be combined with the next division
- The Entry fees for any skater entering more than one category will be the sum of the fees for each category.
- Please return to Wayne Dite by 28 October 2007. Cheques payable to VIRA Inc.

Closing Date for Entries: Sunday 28th October 2007